



“A Healthy Family is a Happy Family!” Featuring *Leanne Gordon*



LEANNE GORDON began her studies in nutrition after coming to a health crisis with her own family. For the last 11 years her focus has been on whole food nutrition for disease prevention. She frequently teaches Prevention Plus seminars, and occasionally she also teaches bread baking classes to families in Central Florida. Leanne and Ryan homeschool their 5 children and live in Orange City, FL. She will be sharing her personal story and simple ways we can improve the health of our families. Leanne is a knowledgeable and gifted speaker and you won't want to miss this fun and informative event!

“The foods we feed our children today determine the diseases they'll have tomorrow.”

Dr. Delia Garcia, radiation oncologist and co-founder of the St. Louis Breast Cancer Center

Leanne is *passionate* about helping families with nutrition, sharing practical tips including:

- **Achievable, specific changes you can make immediately to have happier, healthier children. It works for the “big children”—the parents and grandparents, too!**
- **How to protect yourself and your family from degenerative diseases and the stress and heartache of chronic illness.**
- **Why fruits and vegetables are essential in obtaining optimal health, building a strong immune system, and preventing disease.**
- **How to make simple and significant choices every day that will change your life and your health, for a lifetime. You can leave a legacy of better health!**

Sponsored by

Juice **PLUS⁺**
WHOLE FOOD NUTRITION

Please join us on Friday, July 11, 2008 at 7:00 pm

Westwood Country Club, 6200 Westclub Lane, Richmond, VA 23226

For more information, contact: Yedda Stancil (804)751-5099